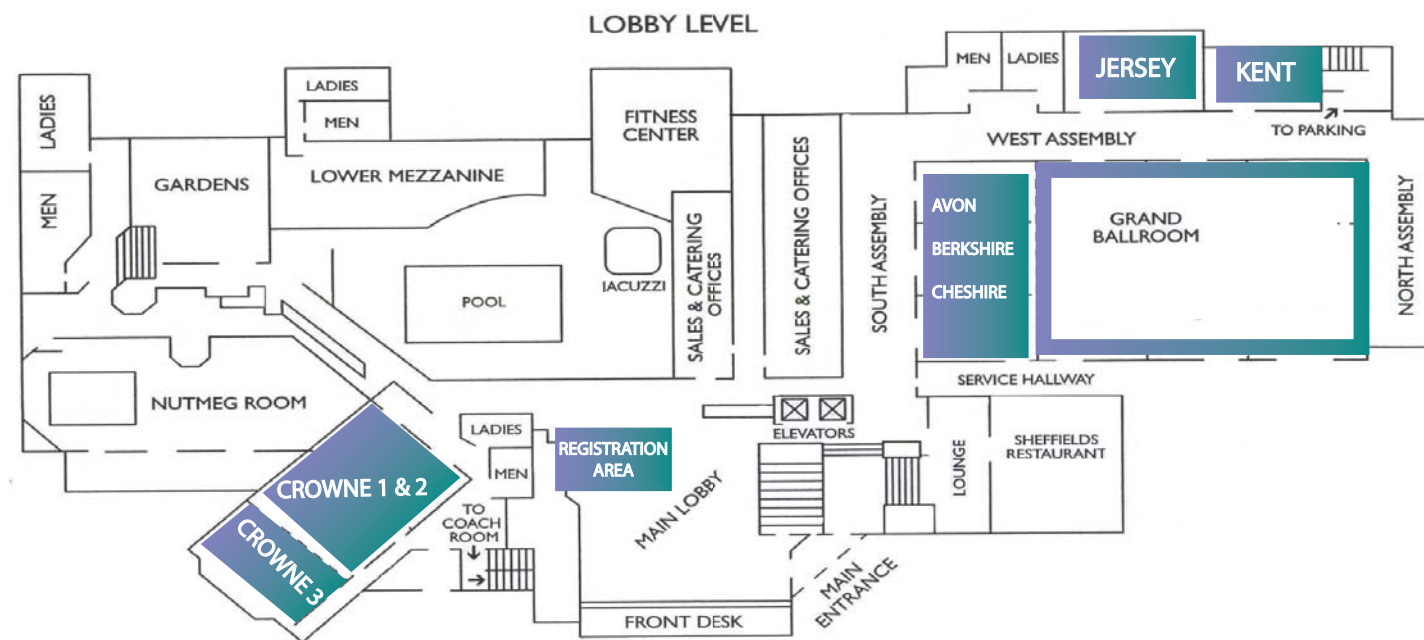


## Concurrent Session Locations

Room	Title
Crowne 1	Substance Abuse: Its Impact on Families and Young Children
Crowne 2	Parenting as a Motivation to Stop Using Substances
Crowne 3	Family Men for Natural Support
Avon	Change Your Mind: Using Cognitive-Behavioral Therapy, Mindfulness, and Attachment Theory to Support Families
Berkshire	Working with Young Children and Families in Intergenerational Poverty
Cheshire	Understanding Intimate Partner Violence and Exposure to Children
Jersey	Developing Inclusive Practices: Cultural Reciprocity in Action
Kent	Trauma-Informed Care for Young Children



## Vendors

Vendors and resource organizations are located in the south and west assembly from 8:00 a.m. to 3:00 p.m. A variety of learning materials, books, and toys will be available for purchase.

Barefoot Books	Hearts, Hands & Homes
Beacon Services of Connecticut	Infinity Music Therapy Services
Chikumbuso Women and Orphans Project	Kaplan Early Learning Company
CPAC	Premier Designs
CT Birth to Three System - OEC	SERC, Library
CT Department of Public Health	Thirty One Gifts
CT DPH	UConn KIDS
CT Head Start Association	UConn UCEDD
CT Office of Early Childhood	UltiPlay Parks & Playgrounds, Inc.
CT PIRC	United Way of Connecticut/2-1-1
DEC	Keynote Speaker - Book Sale
Discovery Toys	



# Together We Will

Serve All Children and Families in Challenging Situations

Wednesday, April 6, 2016  
Radisson Hotel, Cromwell, CT

Together We Will is an annual conference focusing on children ages birth to 5, especially those with developmental delays. It is a collaborative effort among: ♦ CT Department of Children and Families ♦ CT Department of Public Health ♦ CT Department of Social Services ♦ CT Division for Early Childhood ♦ CT Head Start Association ♦ CT Office of Early Childhood ♦ CT Parent Advocacy Center ♦ CT State Department of Education ♦ State Education Resource Center

## Agenda

8:00 a.m. - 9:00 a.m.	Registration, Continental Breakfast, Exhibitors
9:00 a.m. - 9:15 a.m.	Welcome/Opening Remarks
9:15 a.m. - 10:15 a.m.	Keynote Address
10:15 a.m. - 10:30 a.m.	Break/Networking/Exhibitors
10:30 a.m. - 12:15 p.m.	A.M. Concurrent Sessions
12:30 p.m. - 1:30 p.m.	Lunch (provided)
1:30 p.m. - 1:45 p.m.	Break/Networking/Exhibitors
1:45 p.m. - 3:30 p.m.	P.M. Panel Conversation



Please take a moment to tweet  
#tww2016





## A.M. Concurrent Sessions



### Keynote Address “They Don’t Know Me Like That!”: From Stereotypes to Reciprocity in Working with Families in Challenging Situations

Cultural reciprocity involves building mutual understanding between families and education service providers. In her keynote address, Dr. Beth Harry will present the concept of cultural reciprocity as a powerful framework for working with families in a range of challenging situations. Citing the voices of parents in several research studies, she will highlight parents’ perceptions of being stereotyped and marginalized because of a range of challenges, including disability, poverty, race, language, immigration status, and other family or social situations.

**Beth Harry, Ph.D.,**  
Professor, Department of Teaching  
and Learning  
Co-Director, Project INCLUDE  
School of Education  
University of Miami

## A.M. Concurrent Sessions

### Developing Inclusive Practices: Cultural Reciprocity in Action

Beth Harry, Ph.D.

Professor, Department of Teaching and Learning, Miami

This session will use research-based case studies of actual families to illustrate the process of using cultural reciprocity in the development of inclusive services. Participants will be invited to practice and reflect on the process by engaging in role-plays based on the case studies. The goal of the session will be for participants to leave with (a) a sharp awareness of how their own values and assumptions contribute to inclusive relationships with families; (b) a clear grasp of the steps involved in the process; and (c) confidence in their ability to develop reciprocal skills they can use with families and share with colleagues in their work settings.

### Change Your Mind: Using Cognitive-Behavioral Therapy, Mindfulness, and Attachment Theory to Support Families

Karen Steinberg Gallucci, Ph.D.

Assistant Professor, Psychiatry Director, Nurturing Families & Depression  
Improvement Programs

CT SBIRT Brief Treatment Developer & Consultant  
University of Connecticut Health Center

This session will offer guiding concepts, therapeutic principles, and practical approaches for working with families and young children. It will cover an evidence-informed approach called COMPASS to address challenging family situations, attachment disruptions, and problems with mood and anxiety. Participants will learn cognitive-behavioral principles and strategies for working with families; the benefits of mindfulness for helping families (and providers) become less reactive; and attachment theory and the impact of attachment disruptions on family functioning.

### Family Men for Natural Support

Doug Edwards

Director, Real Dads Forever, Manchester

Men are invaluable to children, families, and communities and offer unique perspectives which are sometimes overlooked.

In this session, participants will have the opportunity to learn how to engage family men in supporting their children’s learning and development needs, identify the skills and assets that family men bring to the lives of children and families, and purposeful strategies to include family men to ensure their input is valued.

### Working with Young Children and Families in Intergenerational Poverty

Melissa Mendez, LCSW, IMH-E

Director of Early Childhood Services, Wheeler Clinic

This presentation will focus on how professionals working with families in intergenerational poverty can better understand how poverty impacts everyday decision-making and behavior choices for families. It aims to help providers think about the best ways to support families with sensitive and responsive approaches that build on family strengths and resilience.

### Parenting as a Motivation to Stop Using Substances

Karen Hansen, MSSA, LCSW

Clinical Coordinator, Family Based Recovery Program  
Yale Child Study Center, Yale University

This session will review attachment theory and current research on the special needs of some parents who use substances. The session offers lessons learned from nine years of implementation of an evidence-informed treatment program called Family-Based Recovery, as well as intervention strategies that can be translated into diverse environments. An interactive exercise will encourage attendees to identify beliefs and stereotypes associated with parents who are using substances while raising young children.

Participants will learn how parents’ experience with systems impacts their treatment, the need for specialized treatment for some parents who use substances, and knowledge of interventions that have proven effective when addressing substance use and parenting with a client.

### Understanding Intimate Partner Violence and Exposure to Children

Kelly Anelli

Director, CT Coalition Against Domestic Violence

Do you want to improve your capacity to serve children who have experienced violence in the home? This session will provide an overview of the impact of violence on children and families and how to identify resources and supports for those in need. Participants will learn to identify different types of intimate partner violence and the power and control dynamic, how children are exposed to intimate partner violence, and the impact this violence has on them.

### Substance Abuse: Its Impact on Families and Young Children

Maria Coutant Skinner, LCSW

Executive Director, The McCall Foundation

Substance abuse and addiction have an enormous impact on family systems. It can be painful, confusing, and unpredictable to grow up in a family where a parent is abusing substances. Living with addiction can put family members under unusual stress. Children who are raised in families where alcohol and other drugs are abused develop patterns of coping that can be maladaptive and unhealthy. They often become traumatized to varying degrees and some have issues with attachment that have lifelong implications. Young children may feel overwhelmed with powerful emotions they lack the developmental sophistication to process and understand.

This session aims to arm professionals with the tools to identify, support, and intervene for positive outcomes with these families. Participants will develop an understanding of the disease of addiction and its impact on a family system, be able to identify referral resources for substance abuse treatment, and develop intervention skills for families to move toward healthy coping strategies.

### Trauma-Informed Care for Young Children

Jason Lang, Ph.D.

Director, Dissemination and Implementation Child Health and  
Development Institute (CHDI)

Jeffrey Vanderploeg, Ph.D.

Vice President, Mental Health Initiatives, Child Health and Development  
Institute (CHDI)

Flora Murphy, LCSW

Social Worker, Wheeler Clinic

The concept of “trauma-informed care” has emerged to address the problem of childhood trauma exposure. This workshop will begin with information about trauma exposure and its effects on young children and families. It will include discussion about what “trauma-informed care” means in early childhood systems and strategies to apply principles of trauma-informed care to young children and their families.

Participants will learn about the prevalence and effects of trauma exposure among young children, the key elements of a trauma-informed system, how to talk with children and families about trauma, and how to access evidence-based services.

## P.M. Panel Conversation

### Family Treasure Just Below the Surface

Facilitator: Doug Edwards

Director, Real Dads Forever, Manchester

EVERY family has a wealth of treasure to be discovered as we support those experiencing difficult situations, including homelessness.

A panel of families will share their authentic experiences to help early childhood professionals think about effective supports which focus on families and young children from a strengths-based perspective.